



**[MET PROBE]**

**[OPERATOR'S MANUAL]**

For use with the Delight Pro and Oasis Pro

## WARNINGS

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- **Do not use if you have a cardiac pacemaker. The electrical signals may cause pacer malfunction.**
- **Do not use while driving or operating hazardous machinery.**
- **Do not place probes over skin lesions, new scars, cuts, eruptions or sunburn.**

All persons who:

- a) suffer from any mental disorder or psychiatric illness,
- b) are currently using any drugs (prescription or recreational),
- c) are under the influence of alcohol,
- d) have serious head injuries, epilepsy, brain tumors, or strokes,

should not use the MET probes unless under the supervision of a qualified health care provider.

*The Delight Pro and Oasis Pro deliver electrical current through the body and should be used with care.*

## NOTICE TO HEALTHCARE PROVIDERS

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It is the responsibility of the health care provider to complete a proper intake. Mind Alive Inc., its employees, suppliers and distributors are exempt from any liability in damages resulting from a seizure or psychiatric condition that may occur from prescribing this device.

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**THE DELIGHT PRO AND OASIS PRO ARE NOT RECOGNIZED AS TREATMENTS OR CURES OF ANY MEDICAL CONDITION OR DISABILITY.**

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### ACCESSORIES INCLUDED

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- ✓ Stimulus Cable with Red & Black Pin Connectors
- ✓ Electro Gel Tube
- ✓ 2 Y-type Black Probes
- ✓ 2 Y-type Connector Cables

## MICROCURRENT ELECTRICAL THERAPY (MET)

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MET is an effective and safe way to reduce physical discomfort, or speed healing and recovery.

Electrodes are placed on either side of or through the area to be treated.

To learn how to use MET for discomfort, please refer to “Microcurrent Electrical Therapy (MET): A Tutorial” by Daniel L. Kirsch, PhD, DAAPM, FAIS.  
[http://mindalive.com/default/assets/File/kirsch\\_met.pdf](http://mindalive.com/default/assets/File/kirsch_met.pdf)

Kirsch provides a brief history of MET use and takes a look at the mechanism of microcurrent electrical therapy.

Indications for use are listed as well as contraindications. Patient analysis and electrode placement are also included.

## SELECTING A SESSION

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- OASIS Pro - MET session
- Delight Pro - Feeling Better #3

## OPERATING INSTRUCTIONS

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- Connect the probe(s) to the device
- Apply the electrode gel to the tips of the probes or body site
- Start the session
- Position the probe(s)
- Adjust intensity
- Move probes as required

## APPLICATION OF ELECTROGEL

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- Put a dot of gel on the ends of the probes. Position the probes on the desired site.
- Lift the probes to move to the next site.
- When the probes are lifted, the Oasis Pro will re-set. This only takes a few seconds. The lights will scroll to indicate that it is re-setting. When the scrolling stops, the stimulation resumes.  
*Or*
- Spread a layer of gel onto the body. Position the probes on the desired site.
- Drag the probes to move to the next site.
- The electrode gel allows the probes to slide over the body without breaking the connection. Do not lift the probes.

## PROBE PLACEMENTS

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### ONE PROBE

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- Use one probe if you are working on facial muscles, or on a body part where the spacing between the electrodes may be achieved with one probe
- Plug the probe directly into the main cable



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## TWO PROBES

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- Use two probes when the stimulation sites are spread apart
- Plug both Y connectors into the main cable
- Plug both pins of each Y connector into a probe
- Each probe offers two stimulation points
- The probe points may be used together for a strong stimulus point, or spread apart, which will allow four sites to be stimulated simultaneously



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